



**INTERNAL / EXTERNAL
JOB POSTING**

Regular Full-Time Mental Health and Addictions Counsellor Lifestyle Enrichment for Senior Adults (LESA Program)

Position Summary:

The Mental Health and Addictions Counsellor is responsible for the provision of counselling services to older adults (55 and older) seeking addictions support. The Mental Health and Addictions Counsellor is part of Centretown Community Health Centre's Mental Health and Addictions team; specifically the Lifestyle Enrichment for Senior Adults program (LESA). The LESA program works from a harm reduction model of support and strives to decrease barriers faced by older adults in the maintenance of health and wellness.

The LESA program provides long term counselling to program participants and is flexible in its service delivery (provision of home counselling sessions when necessary; integrated care approach; combination of individual and group counselling sessions; opportunities to decrease isolation through therapeutic recreation activities).

The Mental Health and Addictions Counsellor is also responsible for developing key partnerships and contacts within the community to increase accessibility of service to marginalized and vulnerable older adults struggling with the impact of addictions and mental health issues on their quality of life and overall health.

This position may be required to represent the LESA program at community forums, workshops and events. Excellent public speaking and presentation skills in conjunction with excellent group facilitation skills within a therapeutic setting are required for this position.

Requirements:

- Master level degree in Health Sciences, Social Work, Counselling or equivalent combination of education and experience.
- Mental health and addictions counselling experience (3-5 years)
- Experience and competency in working with diverse and marginalized populations.
- Knowledge of the Harm Reduction Model of treatment.
- Excellent group facilitation skills.
- Proven ability to work independently and as part of a team.
- Valid driver's license and access to a car.
- Proficient with Windows based computer systems, MS Word, e-mail and databases.
- Excellent verbal and written communication skills.
- Community outreach and partnership building experience.

Desirable

- Experience working with older adults (55+) and or with individuals living with concurrent disorders.
- Experience in providing home-based counselling services.
- Experience with the provision of counselling to diverse cultural groups.
- The ability to communicate in another language a definite asset (e.g. French, Arabic, Cantonese, Mandarin or Spanish).

Language designation

English, written and spoken

Start date: September 2015

Salary range: \$56,435-\$67,994/year

Excellent benefits package including Healthcare of Ontario Pension Plan (HOOPP)

How to “express an interest” for this opportunity:

Submit your letter of interest along with your résumé on or before **August 21, 2015 by 11:59pm** to jobs@centretownchc.org.

Please note the following:

- The subject line of your email should read “Mental Health & Addictions Counsellor (LESA)”
- The file name for your resume should read: “(last name)_(first name)_Resume”
- The file name for your cover letter should read: “(last name)_(first name)_Cover Letter”

CCHC is an equal opportunity employer and values diversity in its workforce. Do not hesitate to contact us if you require alternative arrangements to submit your application.

Candidates with a disability requiring accommodations during the interview process should advise Human Resources so arrangements can be made.