



# VOLUNTEERS WANTED

South-East Ottawa Community Health Centre believes that volunteers are a fundamental component of the services offered to the community.

We are looking for volunteers to assist with:

- Volunteering as drivers to medical appointments
- Sanitizing children's playgroup area and equipment
- Urban pole-walking program leader
- Senior exercise program leader
- Special presentation speaker
- Children's playgroup assistant
- Assistant with senior social programs



Do you want to volunteer in a role not listed?

Call Jessica-Rae to discuss new and exciting opportunities.

To learn more about becoming a volunteer with South-East Ottawa Community Health Centre contact :

**Jessica-Rae Linzel, Volunteer Coordinator,**

**at 613-737-7195 ext. 2294 or email [jessica-rael@seochc.on.ca](mailto:jessica-rael@seochc.on.ca)**

South-East Ottawa Community Health Centre, 1355 rue Bank St, Suite 600 ~ Hunt Club Site,  
3320 Paul Anka Dr.~ Better Beginnings Better Futures, 1485 Heatherington Rd, Unit 22

